

DR WALMSLEY, HASLAM,
POMIAN AND GOLDRICK

SPECIAL POINTS OF INTEREST

Going abroad?

Most vaccines take a while to work so fill in a travel questionnaire as soon as possible to ensure you are covered against the local diseases.

Accepting new patients

We are accepting new patients so if you know someone who needs a GP then ask at reception for the forms. Signing up is easy.

If you have any comments or queries then please feel free to jot them down and place them in our comments box.

Practice Update

WWW.GPBOLTON.CO.UK

SUMMER 2015

Flu Season is nearly upon us! Book now for your vaccination

Flu jabs are arriving towards the end of September - book NOW to get your seasonal flu jab

Remember;

- The sooner you get the jab the quicker you are protected
- Flu is worse than a heavy cold and is a serious illness
- You **cannot** get flu from the flu jab
- Flu will not respond to antibiotics
- The flu jab protects you against several strains of the flu virus
- The flu virus changes every year which is why an updated jab is needed



You can usually have a free flu jab if you have/are;
65 or over

Pregnant (any stage)

Long term respiratory disease

Heart disease

Kidney disease

Liver disease

Long term neurological disease (such as stroke or TIA)

Diabetes

A weakened immune system (such as leukaemia, chemotherapy or HIV)
The main carer for a disabled/elderly person whose welfare depends on you



Are you a carer?

If you are a carer - we want to know. We need to keep you fit and healthy so that you can continue your important caring role. Please fill in a carers slip from reception and we will invite you for a check up.

Welcome Dr Ali (FEMALE) & Dr Stiggelbout (FEMALE)

The practice is now heavily involved in training the GPs and consultants of the future and we are pleased to welcome Dr Ali and Dr Stiggelbout to the team. They will both be with us for the next twelve months.



Patient Participation Group

Ask at reception if you are interested in our patient participation group. We meet quarterly to try and improve the practice. Long term commitment is **not** required.